

# Guidelines on Getting Out

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*A handbook to help you prepare  
for your release in **Tucson, Arizona***



**Summer 2012**

## Rebuilding a Life after Incarceration

The transition to life after incarceration is a big challenge, and this brochure is designed to help you through this exciting but often difficult time. If you take to heart the following suggestions we think these resources can help you to rebuild successfully.

- **Do your homework.** Make as many arrangements for yourself as you can before you get out. Use this brochure to write to agencies for help.
- **Give yourself time to adjust.** Don't try to accomplish everything right away. Take time alone or with family and close friends only. Be patient with yourself and know it might take you a while to reach your goals. You may feel depressed or overwhelmed. This is normal - just take some time to heal.
- **Ask for help.** There is an answer to every question you have. All you need to do is ask. This does not make you weak, it makes you smart. Call the agencies in this pamphlet. If they can't help you, ask them who can. Keep asking until you get the right answer.
- **Take care of yourself and surround yourself with people who will affirm your new lifestyle and support you in making positive changes.** Stay away from the "old neighborhood." Avoid people and places that are associated with your old behaviors. This may even include family members who are still using drugs or are involved in illegal activity, as hard as it may be.

**DON'T GIVE UP!**

**For immediate help or additional information**

**Dial 2-1-1 within Arizona**

You can also dial 1-877-211-8661  
from anywhere in the United States

or visit <http://www.cir.org/help/>

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## Some Tips on Getting Started

This pamphlet is intended to help you begin the process of re-entering the community. It outlines steps you can take *before* your release as well as some positive steps you can take after release.

Most agencies have criteria to determine who is eligible for their programs, so you can't just show up and expect them to accommodate you. It's best to write them before your release to find out their requirements. (A sample housing letter is included on page 17.) All agencies listed *will* accept ex-offenders. However, they may have some restrictions on types of offenses. Listed programs do not accept sex offenders unless the program description specifically states that sex offenders are accepted. Find the type of agency that fits your situation and special needs. Don't waste your time writing to a program that can't help you. Prepare yourself mentally for the possibility of a short-term emergency shelter. (You no longer need a TB card for admission to shelters in Pima County, Arizona.)

Information included in this pamphlet will help you after you are released with places to find help with transportation, employment assistance, job search tactics, health care, individual and family support, and other special programs. Please note that the economic times — and some of the processes for obtaining help — have changed. The *Guidelines* have changed with it. Some of the categories will appear different from previous versions, and some agencies may no longer be listed. These agencies may still offer services, but only by referral. Every effort has been made to direct you to those places where you can find services most efficiently, without backtracking.

While we have worked hard to ensure that the information in this booklet is up to date, some organizations may have moved, changed phone numbers, or ceased to exist by the time you contact them. Try not to be discouraged — call the next number and ask them for more information.

If you are being paroled, remember to make immediate contact with the parole office and follow all parole conditions completely. They will also give you information about health care (AHCCCS) and food stamps available through the Arizona Department of Economic Security (DES). You can apply for all benefits available to you, as well as receive job search assistance, and in some cases training, through DES, so be sure to visit a local DES office or apply online as soon as possible. You will need AHCCCS for many of the health, behavioral health, and substance abuse services listed here. If you are a Native American, you may also apply for tribal services.

Today a lot of information is available online. Contact your local library for information about instructions and free access to the Internet.

**Parole & Probation**

<p><b>Arizona Department of Corrections Tucson Parole Office</b> 4600 S. Park - #8 Tucson, AZ 85714</p>	<p>Phone: (520) 889-3100 Fax (520) 889-3927</p>
<p><b>Federal Probation Office Supervision Division</b> 407 W. Congress St. Suite 200, Tucson, AZ 85701</p>	<p>Phone: (520) 204-4400 Toll-free: 1(866) 991-5770</p>
<p><b>Pima County Adult Probation</b></p>	
<p><b>Downtown Office</b> 110 W. Congress St., 8th Floor Tucson, AZ 85701 (520) 740-3800</p>	<p><b>Southside Office</b> 2595 E. Ajo Way Tucson, AZ 85713 (520) 740-4800</p>
<p><b>Eastside Office</b> 8180 E. Broadway Blvd Tucson, AZ 85710 (520) 290-1535</p>	<p><b>Westside Office</b> 1951 W. Grant Rd. #180 Tucson, AZ 85745 (520) 624-0973</p>

**Tribal Services**

<p><b>Pascaua Yaqui Social Services</b> 7474 S. Camino De Oeste Tucson, AZ 85757 (520) 883-5000</p>	<p><b>Tohono O'odham Nation</b> PO Box 837 Sells, AZ 85634 (520) 383-2737</p>
<p><b>Tucson Area Indian Health Service</b> 7900 S. J Stock Road Tucson, AZ 85746-7012 (520) 295-2405; Fax: (520) 295-2602</p>	<p><b>Tucson Indian Center</b> 97 E. Congress, Suite 101, Tucson, AZ 85701, (520) 884-7131 Fax (520) 884-0240.</p>

## Arizona Public Benefits

To obtain benefits such as food (through the Supplemental Nutrition Assistance Program or SNAP, formerly food stamps), cash assistance, and/or health insurance through the public health benefits system — Arizona Health Care Cost Containment System or AHCCCS, you must apply to the Arizona Department of Economic Security (DES). To apply or locate your nearest DES office, visit online: [www.azdes.gov](http://www.azdes.gov) .

### Behavior Health/Substances Abuse Services . AHCCCS required

Almost all providers of public behavioral health and substance abuse services receive payment from the state's public health benefits system . These services are administered by the regional behavioral health authority Community Partnership of Southern Arizona (CPSA). To determine whether you are eligible for behavioral health services, and if so, how to become a member and access services, start by calling CPSA Member Services at **(520) 318-6946** or **(800) 771-9889**.

Select **Option 2** if you speak English or a language other than Spanish. (CPSA Member Services utilizes a three-way interpreter calling system to assist individuals who speak languages other than English or Spanish.)

Select **Option 9** if you speak Spanish.

If you have a hearing impairment, phone **(866) 318-6960 for TTY**.

### Counseling/Support Services (no AHCCCS)

If you do not qualify for AHCCCS, you can still get help with behavioral health and substance abuse issues through free or low-cost services. A list of such services follows, with Substance Abuse Support Groups listed separately.

Please note that although some of these service providers also offer services covered by AHCCCS, this is not a comprehensive list of area behavioral health providers. CPSA (see above) assists behavioral health consumers with AHCCCS insurance in accessing appropriate services.

<b>Crisis Services with or without AHCCCS</b>	
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<p><b>Community-wide Crisis Line</b> Toll free 1-800-796-6762, Local (520) 622-6000</p> <p><b>TTY/TDD: 1-888-248-5998</b> Local (520) 284-3500</p>	<p>Available 24/7 to anyone experiencing a mental health crisis.</p>
<p><b>Community Information &amp; Referral Help Line</b> Toll free 1-800-352-3792</p>	<p>Database on community services including all Southern Arizona counties</p>
<p><b>Crisis Response Center</b> 2802 E. District Street Tucson, AZ 85714 (520) 622-6000</p>	<p>Walk-in assistance available 24/7 to anyone experiencing a mental health crisis.</p>
<p><b>Desert Hope Detoxification</b> 2499 E. Ajo Way Tucson, AZ 85713 (520) 622-6000 (520) 624-5272 or 618-8747</p>	<p>Detoxification for persons with or eligible for AHCCCS (with co-pay).  Sliding fee scale for those without AHCCCS</p>
<p><b>SAMHC Behavioral Health Services</b> 2502 N. Dodge Blvd. Tucson AZ 85716 (520) 622-6000</p>	<p>Provides 24-hour walk-in clinic. Enter clinic from Flower Street.</p>
<p><b>UAMC Behavioral Health Pavilion</b> 2800 E. Ajo Way Tucson, AZ 85713 Inpatient: (520) 874-2000 Outpatient (520) 874-7500</p>	<p>Inpatient, outpatient and emergency behavioral health services.</p>

## Counseling & Support (No AHCCCS)

Please read carefully. Providers of more than one service are listed only once..  
For more information on specialized counseling/support also see Domestic Violence, page 15 and Family Matters, page 24.

- **COPE Community Services, 885 W. Franklin Insiders Program, (520) 798-1772** — Substance abuse referral and drop-in center with a focus on HIV, and a wide range of services.  
**Unity Program, (520) 798-1772** — Substance abuse treatment for men.  
**Women’s Center, (520) 792-3523** — Substance abuse treatment for women; group and individual counseling, women’s drop-in center.
- **Counseling Skills Center at the University of Phoenix, (520) 239-5315**  
Free group, individual, family and child counseling by student interns.
- **Depression and Bipolar Support Group, (520) 531-2388** — contact Justin Weigel, University Medical Center, 1501 N. Campbell Ave., Tucson, AZ 85724
- **Emerge! Domestic Violence Support Groups, (520) 881-7201** — for survivors of domestic abuse, including children. Support and education on a variety of issues. Lay legal assistance. Orders of Protection. Phone to schedule an intake appointment.  
**Voice against Violence, (520) 881-7201 Hot Line: (520) 622-6347**
- **International Easter Seals Blake Foundation, (520) 327-1529 or (800) 775-2256** — behavioral health, case management, family, child and young adult services. 5704 E. Grant Road, Tucson, AZ 85712
- **Project Action for Veterans, (520) 882-5383, ext. 195** — Supportive services designed to promote housing stability for Veterans and Veterans Families facing eviction or homelessness.
- **Salvation Army Adult Rehabilitation Center, (520) 624-1741** — Residential program for men, 2717 S. 6th Avenue, Tucson, AZ 85713
- **Southern Arizona AIDS Foundation (SAAF), (520) 628-7223 or (800) 400-1001** — Counseling, peer support, support groups and case management for persons with HIV/AIDS.
- **Southern Arizona Center Against Sexual Assault (SACASA) and Su Voz Vale** — 24-hour crisis and mental health services. 101 W. Irvington Rd., 4-A, Tucson, AZ 85714. Office hours, M-F, 8 a.m.-5 p.m.  
**Crisis line: (520) 327-7273 or (800)400-1001**  
**Espanol/Su Voz Vale (520) 434-0195**  
**TTY/TDD/SMS : (520) 327-1721; After hours: (520) 325-3358**

## Counseling & Support (No AHCCCS)

- **Southern Arizona Veterans Administration Health Care System** — medical, behavioral health, substance abuse and other services for those who have served in the military only. Call or email to see if you are eligible.  
**Gary Taber, [gary.taber@va.gov](mailto:gary.taber@va.gov), (520) 792-1450, ext 2801**
- **Southwest Community Services Community Outreach Program for the Deaf (COPD), (520) 792-1906** — counseling services for persons who are deaf or hard of hearing and their family members. Case management and other support services also available. Contact Ann Ventola.
- **Tucson Indian Center, (520) 884-7131** — support services for Native Americans. 97 E. Congress St., Tucson, AZ 85701. Hours, M-F 8 a.m.-5 p.m., Fax: (520) 224-0240
- **TYLA (Turn Your Life Around) Recovery Center, (520) 887-2643** — 1109 W. Prince Rd, # 111, Tucson, AZ 85705 (520) 887-2643. Monday thru Friday, call 887-2643, or 798-1772 (at this number ask for TYLA staff) No cost, but appointment necessary. Peer mentoring.
- **Vets 4 Vets Club (520) 881-0814** — support for military veterans. Contact Rob W. Tobar by phone or at [robert.tobara@yahoo.com](mailto:robert.tobara@yahoo.com).

### **SUBSTANCE ABUSE SUPPORT GROUPS**

- **Al-Anon Information Service Center, (520) 323-2229, [www.al-anon-az.org](http://www.al-anon-az.org)**
- **Alcoholics Anonymous, 24 hour line (520) 624-4183, [www.aatucson.org](http://www.aatucson.org)**
- **Cocaine Anonymous, 24 hour hotline (520) 326-2211, [www.caarizona.com/tucson\\_3.htm](http://www.caarizona.com/tucson_3.htm)**
- **Narcotics Anonymous, Help Line (520) 881-8381, [www.natucson.org](http://www.natucson.org)**
- **Smart Recovery** — for meetings and facilitator phone numbers in Tucson visit [http://www.smartrecovery.org/meetings\\_db/view/showalpha\\_state.php?search=A](http://www.smartrecovery.org/meetings_db/view/showalpha_state.php?search=A)
- **The S.O.B.E.R. Project, Christian 12-step, Help line (520) 404-6237, [www.thesoberproject.com](http://www.thesoberproject.com)**

## Employment Assistance

<p><b>DES Job Service</b></p> <ul style="list-style-type: none"> <li>• 195 W. Irvington Rd., (520) 741-7188</li> <li>• 5441 E. 22<sup>nd</sup> St., (520) 584-8226</li> <li>• 316 W. Ft. Lowell Rd., (520) 293-1919</li> <li>• <b>Tohono O’odham Nation Education One Stop Division</b> PO Box 837 Sells, AZ 85634 Office: <a href="tel:520-383-4251">520-383-4251</a> Toll Free: <a href="tel:1-800-956-3160">1-800-956-3160</a> Fax: <a href="tel:520-383-2533">520-383-2533</a></li> </ul>	<p>State employment services</p> <p><b>To write before release:</b> DES Employment Administration P O Box 28880 Tucson, AZ 85726-8880</p> <p>Military veterans should ask for a veteran’s representative.</p> <p><b>Also see One Stop Career Centers.</b></p>
<p><b>One-Stop Career Centers</b></p> <ul style="list-style-type: none"> <li>• 316 W. Ft. Lowell (in DES Office) (520) 293-1914</li> <li>• 340 N. Commerce Park Loop (520) 798-0500</li> <li>• Kino Service Center 2797 E Ajo Way, Floors 1 &amp; 2 Tucson, AZ 85713 (520) 882-5466</li> <li>• <b>Sullivan Jackson Employment Center</b> 400 E. 26<sup>th</sup> St., 85713 Tucson AZ 85713 (520) 838-3300</li> </ul>	<p><b>Also see DES Job Service.</b> Job placement assistance &amp; some training for low-income people, including ex-offenders. Includes Veterans Workforce Investment Program, V.W.I.P.</p> <p>Employability training &amp; job search assistance. <u>Must</u> be able to work full time. Mon.-Fri. 8:00 a.m.-5:00 p.m. Includes Homeless Veterans Reintegration Program, H.V.R.P.</p>
<p><b>Eagles Wings of Grace (Women)</b> 4631 E. Pima St., Tucson, AZ 85712 (520) 906-9915</p>	<p>Must have agency referral. Employment needs assistance for disadvantaged women only. Have client call for appointment.</p>
<p><b>Goodwill Industries of So. AZ.</b></p> <ul style="list-style-type: none"> <li>• 2907 N. 1st Avenue Tucson, AZ 85719 (520) 206-0333</li> <li>• Midvale Plaza 1680 W. Valencia Rd. Tucson, AZ (520) 547-5647</li> </ul>	<p>Goodwill Job Connection. Job board; Internet job search; online applications; help with resumes; interview preparation;; fax, copier, printer &amp; phones; community resources.</p>

**Employment Assistance cont'd.**

<p><b>Pima County Public Library</b>                  101 N. Stone Avenue                  Tucson, AZ 85701                  (520) 791-4010  <a href="http://www.library.pima.gov">www.library.pima.gov</a></p>	<p>Free job help services including: résumé writing, online job search email accounts, Internet search &amp; more. Access to Job &amp; Career Accelerator,™ which combines everything you need for a successful job search into one easy-to-use online application. Drop-in job help &amp; computer classes.</p>
<p><b>Primavera Vocation for Veterans</b>                  151 W. 40th St                  Tucson, AZ 85713                  (520) 882-9668</p>	<p>Employment assistance including job leads &amp; training, education, help with work clothes, tools &amp; transportation. Must be homeless and a veteran with other than dishonorable discharge.</p>
<p><b>Primavera Works Temp Service</b>                  151 W. 40th St                  Tucson, AZ 85713                  (520) 882-9668</p>	<p>Employment Service. Temporary day labor, job search assistance for ex-offenders except level 3 sex offenders. Lunches. Bus passes.</p>
<p><b>Tucson Urban League</b>                  2305 S. Park Ave.,                  Tucson AZ 85713                  (520) 791-9522</p>	<p>Employment-related services including vocational training, GED, &amp; job placement.</p>
<p><b>T.Y.L.A. (Turn Your Life Around)</b>                  1109 W. Prince Rd, # 111,                  Tucson, AZ 85705                  (520) 887-2643</p>	<p>Mon.- Fri., call 887-2643 or 798-1772 (at this number ask for TYLA staff). Free, but appointment required. Skill assessment &amp; development, career exploration, résumé writing, interviewing skills &amp; job referral. (may include short-term job training).</p>
<p><b>Vocational Rehabilitation</b></p>	<p>Contact your local DES office for services for individuals with a mental or physical disability. See DES Nutritional Assistance, page 12. for a list of DES offices.</p>
<p><b>YWorks (Women only)</b>                  YWCA Tucson                  525 N. Bonita Ave. 85745                  (520) 884-7810 ext. 113  <a href="http://www.ywcatucson.org">www.ywcatucson.org</a></p>	<p>Employment education &amp; guidance, computer classes, job training internships, clothing for job interviews &amp; employment, financial education &amp; individual counseling. on. -Fri. 8:00 a.m. - 5:00 p.m.</p>

<b>Food Assistance</b>	
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<p><b>Casa Maria Free Kitchen</b> 352 E. 25<sup>th</sup> St Tucson AZ 85713 (520) 624-0312</p>	<p>Bag lunch served 8:30 am &amp; 11:30 am Hot soup served at 10-11:30 am daily.</p>
<p><b>Community Food Bank</b> 3003 S. Country Club Tucson AZ 85713 (520) 622-0525</p>	<p>Monthly food boxes. <u>Call ahead.</u> Picture ID or proof of Tucson residency required. Low-cost grocery store open Tues.- Fri. 9:00 am –4:30 pm &amp; Sat. 9:00 am –1:00 pm <a href="http://www.communityfoodbank.com">www.communityfoodbank.com</a></p> <p>For a list of all sites where you can apply for one box monthly, see <a href="http://communityfoodbank.com/get-involved/agencies/">http://communityfoodbank.com/get-involved/agencies/</a></p> <p>For a list of sites serving hot meals, see <a href="http://communityfoodbank.com/programs-services/alphabetical-list/caridad/">http://communityfoodbank.com/programs-services/alphabetical-list/caridad/</a></p>
<p><b>DES Nutritional Assistance</b> (area code 520)</p> <ul style="list-style-type: none"> <li>• 5441 E. 22<sup>nd</sup> St., 745-5802</li> <li>• 316 W. Ft. Lowell Rd., 293-0214</li> <li>• 250 S. Toole Ave., 791-2732</li> <li>• 1200 N. Country Club Rd., 881-4081</li> <li>• 2760 S. 4<sup>th</sup> Ave., 620-6616</li> <li>• 195 W. Irvington Rd., 741-9751</li> <li>• 1493 W. Commerce Ct., 578-8456</li> <li>• 3912 W. Ina Rd., 744-5820</li> </ul>	<p>Supplemental Nutritional Assistance Program or SNAP (formerly <b>food stamps</b>) and other state assistance for low-income people. Proof of identity and US citizenship required.</p> <p>Apply online at: <a href="http://www.azdes.gov/faa/">http://www.azdes.gov/faa/</a></p>

**Food Assistance cont'd.**

<p><b>Interfaith Community Services Food Bank</b> 2820 W. Ina Road Tucson, AZ 85741 (520) 297-6049 Fax: (520) 797-3029</p>	<p>Food boxes, bus passes, assistance getting identification, rent assistance.  Mon.-Sat., 9:00 a.m.-1:00 p.m.</p>
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**Health/Dental Resources**

<p><b>DES Medical (AHCCCS)</b> 250 S. Toole Ave. Tucson, AZ 85701 (520) 791-2732</p>	<p>Determines eligibility for medical, and other state assistance, and refers participants to other departmental &amp; community resources. Proof of U.S. citizenship and identity are required.  Apply at any DES office or at: <a href="http://www.azahcccs.gov/applicants/application">www.azahcccs.gov/applicants/application</a></p>
<p><b>Diabetes Care Centers</b> St. Mary's Hospital 1601 W. St. Mary's Rd, (520) 872-6055  St. Joseph's Hospital 350 N. Wilmot (520) 873-3968</p>	<p>Free community classes, education and self-management support for anyone newly diagnosed with diabetes or wishing to be in better control of their type 1 or type 2 diabetes.</p>
<p><b>El Rio Health Center</b> 1101 E. Broadway Blvd. Tucson AZ 85719 (520) 624-7750</p>	<p>Provides primary care services to patients in clinic, during outreach activities or via collaborations with community agencies.</p>
<p><b>MHC Healthcare Marana Health Center</b> 13395 N. Marana Main Street Marana, AZ 85653 (520) 682-4111</p>	<p>Accepts AHCCCS patients and offers sliding scale fees for medical, behavioral health and dental services for others. Walk-ins welcome.  <a href="http://www.maranahealthcenter.org">www.maranahealthcenter.org</a></p>

## Health/Dental Resources cont'd.

<p><b>Pima Community Access Program (PCAP)</b> 520-694-0418, <a href="http://www.mypcap.org">www.mypcap.org</a></p>	<p>A not-for-profit organization that provides access to professional health care at discounted prices that the uninsured can afford. Call for info.</p>
<p><b>Pima County Health Dept.</b> Theresa Lee Center 332 S. Freeway Tucson, AZ 85745 (520) 791-7676</p>	<p>STD/AIDS testing. Mon.-Fri. 8:00-4:30 p.m. Fees: \$20 STD; \$40 STD/HIV; \$15 HIV only. Fees may be waived.</p>
<p><b>St. Elizabeth's of Hungary Clinic</b> 140 W. Speedway, Ste. 100 Tucson AZ 85705 (520) 628-7871</p>	<p>Full service medical/dental clinic. Help with some prescriptions. Eyeglasses; Well Woman Health Check; Diabetes Management.</p> <p>Please phone first.</p>
<p><b>Southern. Arizona VA Healthcare</b> 3601 S. 6th Ave Tucson AZ 85723 (520) 792-1450</p>	<p>Medical and mental health services for veterans. Homeless Program and services. Substance abuse treatment.</p>
<p><b>Southern Arizona AIDS Foundation (SAAF)</b> 375 S. Euclid Avenue Tucson, AZ 85719 (520) 628-7223 or 1-800-771-9054</p>	<p>Case management, support services, housing and access to medical care for people living with HIV/AIDS.</p>
<p><b>Southern Arizona Health Village for the Homeless' Van of Hope</b></p>	<p>Provides medical &amp; behavioral health services, at locations in Tucson and Pima County, to people who are homeless.</p> <p>See: <a href="http://carondelet.org/home/community-benefit-program/community-programs/health-village-for-the-homeless.aspx">http://carondelet.org/home/community-benefit-program/community-programs/health-village-for-the-homeless.aspx</a></p>

## Health/Dental Resources cont'd.

<p><b>Three Points Clinic</b> 15921 W. Ajo Hwy. Tucson, AZ 85735 (520) 407-5700</p>	<p>All medical ailments. By appointment only.</p>
<p><b>Tuberculosis Control</b> Pima County Health Dept. 2980 E. Ajo Way Tucson AZ 85713 (520) 243-8450</p>	<p>\$15 TB testing. Walk-in Mon., Wed., Fri., 7:30-11:30 a.m.; Tue. 1:00-4:00 p.m. Other locations and hours at <a href="http://www.pimahealth.org/clinics/docs/TB-Testing-Hours7-1-10.pdf">http://www.pimahealth.org/clinics/docs/TB-Testing-Hours7-1-10.pdf</a></p>

## Domestic Violence Resources

<p><b>Emerge!</b> <b>Center Against Domestic Abuse</b> 2545 E. Adams Tucson, AZ 85716 (520) 795-8001</p>	<p>Women and children affected by domestic violence <u>only</u>. Emergency &amp; transitional housing. 7-day, 24-hr crisis lines: (520) 795-4266 or 795-4880, 1-888-428-0101; <b>Español: 1-877-472-1717</b></p>
<p><b>SACASA (Southern Arizona Center for Sexual Assault)</b> 1600 N. Country Club Tucson, AZ 85716 Bus.: (520) 327-1171 <b>24-hour hotline: (520) 327-7273 or (800)-400-1001</b> <b>Español-SuVozVale: (520) 434-0195</b></p>	<p>Free treatment, ongoing support, and mental health services. Promotes prevention of sexual abuse, incest, molestation and rape. Crisis intervention, specialized mental health services, advocacy, and professional training.</p>
<p><b>Turn Your Life Around (TYLA)</b> 1109 W. Prince Rd, # 111, Tucson, AZ 85705 (520) 887-2643.</p>	<p>Mon.-Fri., Appointment only. Call 887-2643, or 798-1772 (at this number ask for TYLA staff) No cost.</p>
<p><b>Wingspan Anti-Violence Program</b></p>	<p><b>24-hour crisis line, (520) 624-0348</b> Specializing in lesbian, gay, bi-sexual, and transgender persons and allies.</p>

## Transportation — Bus Passes

<p><b>SunTran</b> 4220 S. Park Ave Tucson AZ 85726 (520) 792-9222 <b>Low income/disability passes</b> (520) 791-4100</p>	<p>General information: (520) 792-9222 For low-income or disability bus passes, phone (520) 791-4100, press 2. Must present proof of income for all adults in household (pay stub, unemployment Stub, DES or SSI/SSDI statement).</p>
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## Emergency Shelter (1 week or less)

<p><b>Church on the Street</b> 421 E. Kelso Street Tucson, AZ 85705 Men: (520) 441-0008 Women: Pastor Diana, (520) 312-1551 Or Pastor Tim, (520) 312-0967</p>	<p>6 month Christian Discipleship Program for Men &amp; Women Must comply with house rules, attend Bible studies and Church. Call to check if a bed is available. No Sex Offenders</p>
<p><b>Gospel Rescue Mission Men's Shelter</b> 312 W. 28<sup>th</sup> St Tucson AZ 85713 (520) 740-1501x 7203 or x 7202 after 3 PM</p>	<p>Emergency housing for adult men. Also has long-term residential recovery program for single adult men. Must have photo ID &amp; Pima County TB card.</p>
<p><b>Gospel Rescue Mission Women's &amp; Children's Shelter</b> 707 W. Miracle Mile Tucson, AZ 85705 (520) 740-1501, x 7101</p>	<p>Emergency housing for women and children. Life skills training and counseling.</p>
<p><b>Primavera Foundation Men's Shelter</b> 200 E. Benson Hwy. Tucson AZ 85713 (520) 623-4300</p>	<p>Emergency shelter for single men. Must be able to care for personal needs. Must be clean and sober.  Call for reservations and directions.</p>
<p><b>Primavera Greyhound Family Shelter</b> 151 W. 40th Street Tucson, AZ 857 (520) 882-5383</p>	<p>90-day shelter for families with children, single- or two-parent households.  Call for appointment</p>

**Emergency Shelter** (1 week or less) **cont'd.**

<p><b>Salvation Army Hospitality House</b>                  1021 N. 11<sup>th</sup> Ave                  Tucson AZ 85705                  (520) 622-5411</p>	<p>Emergency housing for single adult men, women, children, &amp; families. TB card &amp; photo ID required.</p> <p><b>Operation Deep Freeze:</b>                  emergency shelter during very cold weather only, Nov. 15—March 31. Call to see if Operation Deep Freeze is in effect.</p>
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**Transitional Housing** (3 mos.—2 yrs.)

<p><b>The Bridge (Male)</b>                  2537 N. Oracle Rd.                  Tucson, AZ 85705                  Manager: Betty Undlin                  (520) 884-9670 or 603-3835</p>	<p>12-step Christian program. Must be invited by Prison Fellowship Ministries.</p>
<p><b>Church on the Street</b>                  421 E. Kelso Street                  Tucson, AZ 85705                  Pastor Tim Booker                  (520) 312-0967 or 792-4965</p>	<p>Must be Christian and accepted by program. No bed guarantee from prison. Can assist once released.</p>
<p><b>Comin' Home</b>                  2480 N. Palo Verde, #103                  Tucson, AZ 85716                  (520) 322-6980</p>	<p>Must complete Phase I Substance Abuse at VA Hospital first. Coed, for Veterans. One-third of monthly income goes to program fees. Assists with application for food stamps plus \$30 food card weekly. Write for information,</p>
<p><b>Esperanza en Escalante (Coed)</b>                  3700 S. Calle Polar                  Tucson AZ 85730                  (520) 571-8294                  Coordinator: Phyllis                  Office Manager: Carol</p>	<p><u>Veterans only.</u> Write for acceptance. Must register with Homeless Veterans program once out of prison. Clean &amp; sober living with curfews.</p> <p>Fees: 30% of income.</p>

<b>Transitional Housing</b> (3 mos.—2 yrs.) <b>cont'd.</b>	
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<p><b>Exodus Community Services</b> 1330 N. Camino Seco Tucson, AZ, 85710 (520) 358-2825</p>	<p>Accept those prior to re-lease. Write first. Will work with applicant on fees. NO violent or sex offenders (depends on offense). Program participation required.</p> <p>Fees: \$105 weekly</p>
<p><b>Galivan's</b> 9511 E. 5th St. Tucson, AZ 85730 Fax only: (520) 546-1191 Director: Mary Jean Galivan</p>	<p>Separate houses for men and women. Prior to release acceptance. Two weeks to gain employment, and motivation counts. Will work with applicant. No violent or sex offenders (depends on offense). UAs and breathalyzers conducted.</p> <p>Fees: \$100 weekly</p>
<p><b>Hedrick House (Male)</b> 1632 East Hedrick Tucson, AZ 85719 (520) 795-3334 Director: Ed</p>	<p>Substance abuse/sober living, 6-month minimum program. Three meals daily.</p> <p>Fees: \$140 weekly</p>
<p><b>Hope Haven Transitional Housing (Coed)</b> Office/Mailing Address 1645 W. 150 Valencia Rd. #109-404 Tucson, AZ 85757 Program Directors: Peter &amp; Cedia Moore Peter Moore, (520) 409-8869</p>	<p>Christian Discipleship program. Must apply. No violent or sex offenders. Food, transportation, job referrals provided. UAs conducted.</p> <p>Fees: \$120 weekly</p>
<p><b>Joshua House (Men only)</b> 3028 N. Geronimo Ave. Tucson, AZ 85705 (520) 512-8448</p>	<p>Christian-based, clean &amp; sober living. \$150 deposit will go towards monthly service fee of \$500.</p>

<b>Transitional Housing</b> (3 mos.—2 yrs.) <b>cont'd.</b>	
<p><b>Master’s House</b>                      440 E. 23rd St.                      Tucson AZ 84713                      Managing. Dir. Aaron Walker,                      (520) 312-1977 or 867-1645                      Facility Dir. James Jobe, (520) 312-1977</p>	<p>Faith-based program. Must comply with house rules. No sex offenders. Institutional counselors should contact program staff for acceptance criteria.</p>
<p><b>Miracle Center</b>                      PO Box 30309                      Tucson, AZ 85751-0309                      (520) 327-1208                      Executive Director: Pat Lutz</p>	<p><b>Women only.</b> Faith-based program. Write for acceptance or go online to <a href="http://www.miraclecenter.org">www.miraclecenter.org</a></p>
<p><b>Old Pueblo Community Services</b>                      4501 E. 5th St.                      Tucson, AZ 85711                      (520) 546-0122, ext. 214</p> <ul style="list-style-type: none"> <li>• Casa Santa Clara (Males) 8 Locations**</li> <li>• The Oasis House (Females) 3 locations</li> <li>• Casa Veterans Assistance Programs</li> </ul>	<p>Inmates may apply from prison. Applications available at <a href="http://www.helptucson.org">www.helptucson.org</a> Click on “Applications”.</p> <p>Provides housing and supportive services for homeless veterans.</p>
<p><b>Open Inn</b>                      630 E. 9th St.                      Tucson, AZ 85705                      Contact: Ken McKinley                      (520) 670-9040, ext. 2129 ???</p>	<p><b>18-24-year-olds ONLY,</b> male and female. Phone for information/ admission and/or visit <a href="http://www.openinn.org">www.openinn.org</a></p>
<p><b>Paxton House for Men</b>                      PO Box 57299                      Tucson, AZ 85732-7299                      2 Locations                      Director Nick Jones                      (520) 975-2141</p>	<p>Sober living for men and women who have completed other treatment programs or attained 90 days clean/sober. Must be employed or have a source of income. For an application write or visit <a href="http://www.paxtonhouse.net">www.paxtonhouse.net</a> .</p> <p>Fees: \$90 weekly</p>

<b>Transitional Housing</b> (3 mos.—2 yrs.) <b>cont'd.</b>	
<p><b>Pasqua Yaqui Reservation</b>  <b>PathHome (Male)</b>            7402 S. Camino Vahcom            Tucson, AZ 85757            (520) 879-5855</p>	<p>Will conduct telephone interviews. Must be on/eligible for AHCCCS or have income to pay. Free for tribal members. First-come, first-served. 90-day minimum substance abuse treatment . Must be willing and ready to change.</p>
<p><b>Pilgrim Journey, Inc. (Female)</b>            PO Box 5621            Tucson, AZ 85703            (520) 551-0888            Executive Director: James Rice</p>	<p>Faith-based, structured program for women. Write for acceptance</p> <p>Fees: \$95 weekly</p>
<p><b>Primavera Foundation</b>            702 S. 6th Ave.            Tucson, AZ 85701            Housing intake (520) 207-0387  <a href="http://www.primavera.org">www.primavera.org</a></p> <ul style="list-style-type: none"> <li>• Alamo Apartments</li> <li>• Casa Paloma</li> <li>• Five Points</li> <li>• Winstel</li> <li>• Catalina Program</li> <li>• Women in Transition</li> </ul>	<p>No direct release from institution to programs. Programs are 2-year transitional housing, <b>clean &amp; sober</b>, for homeless persons unless noted.</p> <p>Fees vary.</p> <ul style="list-style-type: none"> <li>• Single men, permanent</li> <li>• Single women.</li> <li>• Single men &amp; women.</li> <li>• Singles or couples without children</li> <li>• Single men</li> <li>• Single women</li> </ul>
<p><b>Salvation Army Social Services</b>            1021 N. 11th Ave.            Tucson, AZ 85705            (520) 362-5411</p>	<p>Transitional housing programs for individuals and families, working and not working. Assessments and referrals will be conducted in person. Phone to speak to a case manager by appointment.</p>

<b>Transitional Housing</b> (3 mos.—2 yrs.) <b>cont'd.</b>	
<p><b>Second Chance (Male)</b>                      3517 S. Prudence                      Tucson, AZ 85730                      (520) 747-4937.                      Fax: (520) 323-0412                      Executive Director: Freddie Cooper                      Cell: (520) 403-2903</p>	<p>Faith-based sober living facility requiring regular church attendance. Random UAs. Please call for new locations/info.</p> <p>Fees: \$520 per month</p>
<p><b>Teen Challenge of Tucson Men's Induction Center</b>                      2637 N. Oracle Rd.                      Tucson, AZ 85705                      (520) 792-1790                      Fax: (520) 792-0049                      Director: Gregory Baldwin</p>	<p>Christian-based, three-phase program. Must pre-qualify &amp; be accepted. Very structured, work program. Bible, prayer, devotional and church attendance required.</p> <p>Fees: Call for information.</p>
<p><b>Transitional Living Communities Tucson (Male)</b>                      843 W. Thurber Rd.                      Tucson, AZ 85705                      (520) 293-4919                      Manager: Red Mehele</p>	<p>4 days restricted leave at "entry level". Graduated curfews based at Level I or II. Must: have sponsor and job, attend 12-step programs.</p> <p>Fees: \$110 per week</p>
<p><b>Victory Outreach Christian Recovery Home</b>                      5820 San Joaquin Road                      Tucson, AZ 85741                      Director: Jesus Mendoza (520) 403-9353                      Lead Manager: Samuel Perez                      (520) 690-0596</p>	<p>National, Christian-based, 9-12-month recovery program. Please phone for further details.</p>

## Sample Housing Letter

(for applications to transitional housing agencies)

Your name  
Your address  
City, State, Zip Code

Today's Date

Agency's Name  
Agency's Address  
City, State, Zip Code

Dear Sir or Madam:

My name is \_\_\_\_\_ and I am currently finishing my prison sentence at \_\_\_\_\_. My release date is \_\_\_\_\_, and I will have no place to go when I am released.

I am asking that you work with me in advance of my release so that I can have a place to stay and a program to follow instead of becoming homeless. Please send me any necessary paperwork and a list of requirements to qualify for your program so I may collect all that information ahead of time.

I appreciate your assistance, and I eagerly await your reply.

Sincerely,

*Your signature*

Your name typed or printed  
Your return mailing address

## **Independent Housing**

### **Tips for the Housing Application Process**

Most places ask you to complete an application and, perhaps, have an interview. You may be asked certain background questions, including a question about felony conviction. To prepare for the application and interview process, do the following:

- Bring along your parole officer's contact information
- Bring proof of current employment
- Arrange for 2 - 3 people to be your personal references. These should be people who know and who can speak well of you. You may need to provide their contact information to the apartment manager. Speak to these people in advance so that they are prepared to receive a call about you.
- Make a good impression on the person you speak with by having a presentable appearance - clean clothes and good hygiene are important.
- Check to see whether or not you have good credit.

Many property managers told us that they like to have tenants who are quiet and respectful of their neighbors, so if this fits your personality and lifestyle it would be an effective point to make during an interview. Also many apartments will claim not to house offenders. However, proper attitude and presentation may open the door. Sometimes the nature of the offense makes a difference

### **Low Cost Housing: "El Banco" & [www.pimacountyhousingsearch.org](http://www.pimacountyhousingsearch.org)**

You can find a low cost housing list online that is updated every two weeks at [www.pimacountyhousingsearch.org](http://www.pimacountyhousingsearch.org). You can access a computer and help using it at any Pima County library.

You can also find assistance with locating affordable housing at the Pima County Housing Center, sometimes called "El Banco" for its location in a former bank building at 801 W. Congress, Tucson, AZ 85745. Phone (520) 624-2947.

## **Independent Housing cont'd.**

### **The Tucson Crime-Free Multi-Housing Program**

In your search for housing, you may hear property managers and landlords mention that they are part of the Tucson Crime Free Multi-Housing Program. These properties may or may not have signs posted. They may not rent to you once they find out that you have a felony record. Acceptance of your application for renting at these properties will depend on the crime that was committed. Many properties, whether or not they participate in the Crime Free Program, may not accept your application. There is no legal way that we know of to challenge this policy, so we recommend that you search elsewhere for housing.

### **IDENTIFICATION**

Ex-offenders can get an Arizona State ID card from any Arizona Motor Vehicle Division (MVD) office within 15 calendar days of their release using only the affidavit of incarceration ID for a fee of \$12. Not applying for a Arizona State ID within the 15 calendar days from your release will result in needing to provide two other forms of verification! If you are age 65 or older and apply within the required 15 calendar days, the fee is waived. If you need to talk to someone at the MVD about an Arizona ID or driver's license, phone the appropriate number below.

- Phoenix, Arizona: (602) 255-0072
- Tucson, Arizona: (520) 629-9808
- Elsewhere in Arizona: (800) 251-5866

## Family Matters

The transition back home can be almost as disruptive for the family as when the person first goes to prison. Many adjustments have been made in that person's absence, and families need to learn how to be a family again. Children will have many questions about how things will be different, and it is important for the whole family to discuss what the new rules and routines will be. Each child reacts differently to having a parent return home, and some may still harbor anger or resentment. We strongly recommend family counseling to assist you in this transition. Many formerly incarcerated persons have questions about how to regain guardian status. In some cases, the person may have an active file at Child Protective Services (CPS) that they need to clear up.

- **Arizona's Children Association** works to give children safe, permanent homes by helping to keep families together. Located at 2700 S. 8<sup>th</sup> Avenue, Tucson, AZ 85713. Call (520) 622-7611 or 1-800-947-7611
  
- **Child Protective Services (CPS):** There is no standard process for regaining custody of children from CPS after incarceration. Find out who the case manager is and ask them exactly what is required. Call toll free 1-888-767-2445 or visit the offices at:
 

6840 E. Broadway Blvd., #100 Tucson, AZ 85710-2836 (520) 721-3097	1700 E. Broadway Blvd. Tucson, AZ 85719 (520) 884-4755
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- **Family and Child Support., Paternity Testing.** The Division of Child Support Enforcement locates absent parents, performs paternity tests, and, establishes and enforces child support orders and modifications (no fee.) Genetic testing is \$30 per person. No charge if father is excluded. 7202 E. Rosewood St., Suite 100, Tucson, AZ 85710. Hours: Mon.-Fri. 8:00 am-5:00 pm. 1-800-882-4151.
  
- **Parenting Arizona** strengthens families and prevents child abuse and neglect. Offers night, weekend and morning parenting classes and workshops. 4500 E. Speedway Blvd., #88, Tucson, AZ 85712. Call (520) 319-1040.
  
- **KARE Family Center** offers support to "Kinship Caregivers", people who are raising a family member's child, such as grandparents who are raising a grandchild, due to divorce or the incarceration of one or both parents. Provides referrals, resources, education and emotional support. Offers **support group to caregivers of children with a loved one in prison** the second and fourth Friday of each month from 5:30—7:30 p.m., with dinner served at 5:30 p.m. A support group for children ages 7 through 12, the "Shooting Stars" program, is held at the same time. Location: 4710 E. 29th St., Building 7. Call for more information: (520) 323-4476 X 108.

## Tips for Finding a Job

If you work hard on your skills and your job search, you will find work – even if it takes longer than you expected. Help with your job search, and in some cases training, is available at One Stop Career Centers (page 10). They offer the use of phones, faxes, and computers. Many Tucson employers are willing to hire you. Keep at it, and don't give up. Put in as many applications as you possibly can. Remember to keep a log of all the places you have applied, including visits made in person, initial phone calls, and follow up phone calls.

**Remember that first impressions count; always dress appropriately when looking for work. You never know if the manager might want to speak to you.**

### Tax benefits for employers who hire ex-felons

You may be able to encourage someone to hire you by telling him or her of the tax benefits available to employers who hire ex-felons who are from low-income families.

The Federal Work Opportunity Tax Credit (WOTC) encourages employers to hire ex-felons by reducing employers' federal income tax liability by up to \$2,400 per eligible employee. Ex-felons who are members of low-income families are eligible when they are new adult employees and work a minimum of 120 or 400 hours. To receive certification that a new employee qualifies the employer for this tax credit, the employer needs to complete only three simple steps. Many employment assistance agencies have these forms. Copies of all forms needed are also available at the American Friends Service Committee, 103 N .Park Avenue, Tucson, AZ 85705 or at <http://www.irs.gov/faqs/faq/0..id=199795.00.html>

## Tips for Finding a Job cont'd.

### The Application Form

The application form is the most important part of the process. It is how you make your first impression with an employer. Save time by completing one generic application and take that application with you to use as a guide to fill out each new application. If the application asks if you have been convicted of a felony/misdemeanor, answer **yes**. **It is no longer advised to write will explain during interview.**

Employers recommend and often require answering the felony question with facts about your conviction. Please note if the felony question asks "Have you ever been convicted of a felony/misdemeanor" they want ALL of them disclosed. If the question asks "Have you been convicted of a felony within the last 7 years" and your conviction was 8 years ago the answer would be **NO**.

#### AVOID

- Rushing through the application
- Sloppy penmanship
- Employment gaps-blanks from when you were in prison
- Appearing desperate; for example Position Desired: Anything
- Brief descriptions of your job duties
- Leaving blanks on the application

#### INSTEAD

- Read the application completely before starting
- Take time to print neatly and clearly
- Show the work experience while you were incarcerated
- Use a specific job goal, for example: Position Desired- A full time position where I can offer my skills in adapting and repairing tools, machinery, and equipment
- Be descriptive when writing about your job duties and skills
- Wages earned while incarcerated always write **minimum**.
- Under desired salary always put **open** or **negotiable**, never write a dollar amount
- Make sure you have correct phone numbers of previous employers and references
- Complete all spaces on the application where information is requested, including **NA** if it is not applicable

## Tips for Finding a Job cont'd.

### Prepare to discuss your background

It is always necessary to be honest about your conviction(s) when completing employment applications. For example if your age and lifestyle were factors in the crime, you may choose to discuss this with honesty either on your application or during your interview. If your life is different now explain the positive changes. Make sure you mention all the job related activities while incarcerated and any activities you feel could make a good impression with employers. Some examples:

- Job related skills or job training before, during, or after your incarceration
- Any positive work evaluations, duties assigned that involved responsibility, any training you conducted or supervisory activities you carried out
- Any educational activities completed-GED, college credits, vocational training
- Any other rehabilitation (life skill classes, personal development classes, religious activities, NA/AA, drug counseling-only if related to your conviction)

Here are some examples you could use when answering the felony conviction question. (Remember: These examples should be tailored to you and your circumstances.)

- Non-violent drug conviction-2006.
- Fraudulent schemes-2005
- DUIs -2005, 2008

If you feel comfortable it is recommended that you include an additional comment. These are a few examples (try to make sure they are connected with how you've made personal changes since your conviction).

- Since then I've completed \_\_\_\_\_ (certificate, sobriety programs, job assignments, volunteered).
- I have been sober for over \_\_\_\_\_.
- I am committed to living an honest life.
- I am not proud of the choice I made during that time in my life but since then, I have \_\_\_\_\_.
- I put it behind me and redirected my life.
- My goal is to help others avoid the mistake I made.
- Since then, I've reunited with my family and want to be a better Mom/Dad.
- I now make healthy choices and have healthy relationships.

Avoid using words like "aggravated" or "dangerous". These words are interpreted as violent and may be taken out of context.

The only letter that should accompany an application is a cover letter (if the position requires one), letters of recommendation, and reference letters. Do not write a letter explaining your felony conviction(s).

## Final Words of Encouragement

We all have an inner strength. That strength may be a strong faith in yourself or in a higher power. It could be a strength seldom used, cultivated, or nurtured. You may not have defined it in terms of a value or belief system. It may have failed you in the past, but understand that you have paid your debt to society, and your exit from prison or jail ends a chapter in your life. Now it is up to you how your future will be framed and how you will grow and advance. You need to forgive yourself and also forgive others.

You are not the first to have made a mistake and you won't be the last, but let this be a new chapter in your life. Just remember, the streets still remain the streets and if you seek trouble it will find you. Avoid those old haunts and those old "friends" who are not healthy for you. Break clean with that old environment and those people. This could even include family members if they are using drugs or if they are involved in illegal activity. As painful as it may be, you must take care of yourself and surround yourself with people who will affirm your new lifestyle and support you in making positive changes.

Anticipate problems so they don't overwhelm you. Be patient and take things one step at a time. Prioritize the things that really need to happen (getting a job) and let the rest come when you are ready (finding a new girlfriend or boyfriend). Seek advice and assistance from peers and mentors who seem to be doing it right. Be your own best advocate, because when all is said and done, you alone are responsible for yourself. Let your release be the start of something new.

**Accept The Challenge!**

## Additional Information

### Mailing Address

After your release, you can have mail forwarded to you at the Primavera Foundation, 702 S. 6<sup>th</sup> Ave., Tucson, AZ. 85701. You must first register with them in person by completing an intake form. After your intake, phone **(520) 623-5111** to see if mail has arrived. Pick up your mail M. W, Th, F, 9:00 am - 12:30 pm. Mail may be kept for three weeks, and/or forwarded if you give them another forwarding address.

### Clothing

- **Eagles Wings of Grace:** 4631 E. Pima St., Tucson, AZ 85712 520-906-9915 offers clothing assistance for disadvantaged women. Must have a referral from an agency. Call for appointment.
- **Primavera Foundation.** If you are involved in a housing or counseling program, ask the Primavera Foundation. (520) 623-5111 about a voucher for free clothing.
- **Turn Your Life Around (TYLA)** 1109 W. Prince Rd, # 111, Tucson, AZ 85705 (520) 887-2643. Mon.-Fri., or call 798-1772 (at this number ask for TYLA staff) No cost, appointment necessary.
- If you are not involved in a program, call **Information and Referral** at **(800) 352-3792** and ask for a referral to a clothing bank.

### Mentoring

- **Old Pueblo Community Services, (520) 546-0122,**  
[www.helptucson.org](http://www.helptucson.org)

## Tucson Drop-In Centers

- **Casa Paloma** — 9 a.m.-12:30 p.m., Mon., Tu., Wed. and Fri. Women only. Showers, laundry, clothing, toiletries and meal. Must phone. (520) 882-0820
- **Gospel Rescue Mission** — 312 W. 28th St. 4 p.m. daily. Homeless men. Showers, clothing, meal. (520) 740-1501
- **Hope of Glory** — 125 W. Veterans Blvd. (520) 471-1720. Tu., Th., & Sat., 10 a.m.-2 p.m. , Meal at noon, Bible study at 1 p.m. Food pantry, toiletries.
- **La Frontera/RAPP** — 1101 E. Broadway Blvd., Suite 130. Mon.-Fri. 8 a.m.-4 p.m. Community resources, hygiene kits, telephone, Internet access, job board. (520) 882-8422
- **Primavera HIP** — 702 S. 6th Ave. a.m.-12:30 p.m., M, W, Th., Fri. (520) 623-5111
- **VA Homeless Program** — 3601 S. 6<sup>th</sup> Ave., Bldg. #90, M-F, 7:30 a.m.-2 p.m. Veterans only. Showers, laundry, & additional services. (520) 629-1839.

## Recovery & Wellness Reintegration Centers

- **Hope, Inc.**, 1200 N. Country Club Road, (520) 546-0122.  
**Non-crisis phone support Warm Line (520) 770-9909 .**
- **Turn Your Life Around (TYLA)** 1109 W. Prince Rd, # 111, Tucson, AZ 85705 (520) 887-2643. Mon.-Friday, call 887-2643, or 798-1772 (at this number ask for TYLA staff) No cost, but appointment necessary.



Feel free to copy this brochure.

To provide additional or updated services  
information, email [info@tpch.info](mailto:info@tpch.info)

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